

Too Good for Drugs Pre-Program Report – 7th Grade Students

Cottonwood Valley Charter School and Alamo Navajo Community School
A Program Supported by Socorro County Options, Prevention, and Education (SCOPE)
Fall 2025

Overview

Too Good for Drugs (TGFD) is a universal K-12 evidence-based prevention education program designed to mitigate risk factors and enhance protective factors related to alcohol, tobacco, and other drugs (ATOD) use. The middle school program empowers teens to meet the challenges of middle school life by fostering confidence and building resistance to substance use. Students set and reach more complex goals than in the elementary school program and, in the process, develop and practice stronger decision-making skills and effective communication skills. **This is a summary of the results of a pre-program survey taken by 43 seventh grade students at Cottonwood Valley Charter School and Alamo Navajo Community School in September and October 2025.**

Key Findings – Fall 2025 Pre-Surveys

Positive Findings:

- Most protective factors have a high degree of support from participants, including disapproval of substance use, and *over 80% of participants are NOT using substances.*
- Most participants have a strong understanding of goal setting and believe they can accomplish their goals.
- Most participants can identify and strive for positive relationships with others.
- Most participants can resist peer pressure and stand up for themselves.
- Most participants believe drugs are harmful, believe it is wrong to use drugs, and have committed to staying away from drugs in the next year. *Ninety-three percent (93%) of participants do not want drugs to be part of their lifestyle.*

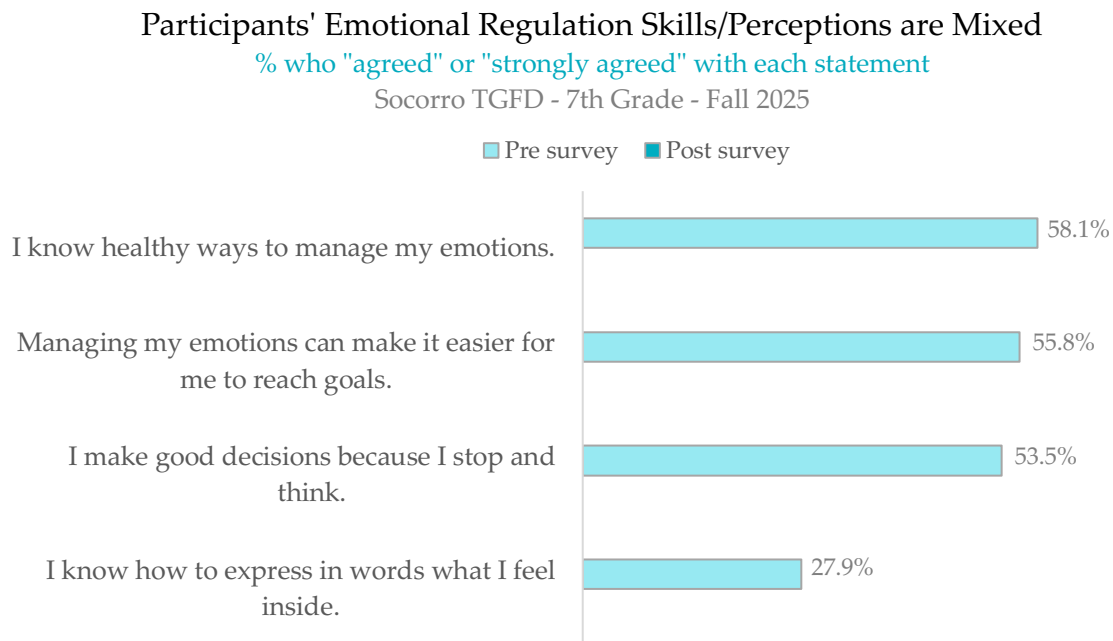
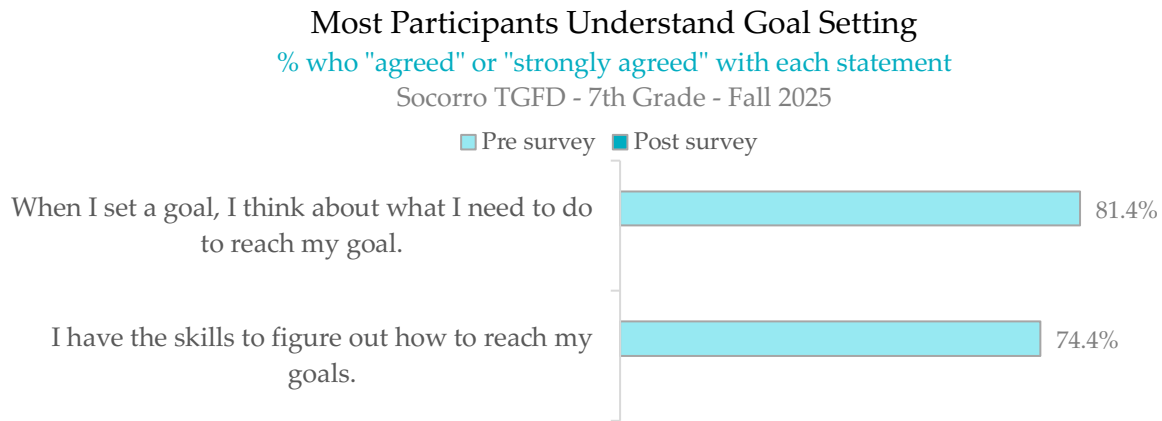
Troubling Findings:

- Only about 50-60% of participants report positive emotional regulation skills, and less than 28% know how to express in words what they feel inside.
- Less than 50% of participants report they are good at reading non-verbal cues when working with other students.

In response to an open-ended question that asked if participants would like to say anything else, several participants reiterated their disapproval of drug use, and/or said they would like to learn how to help friends or family members who are using drugs and alcohol.

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Protective Factors

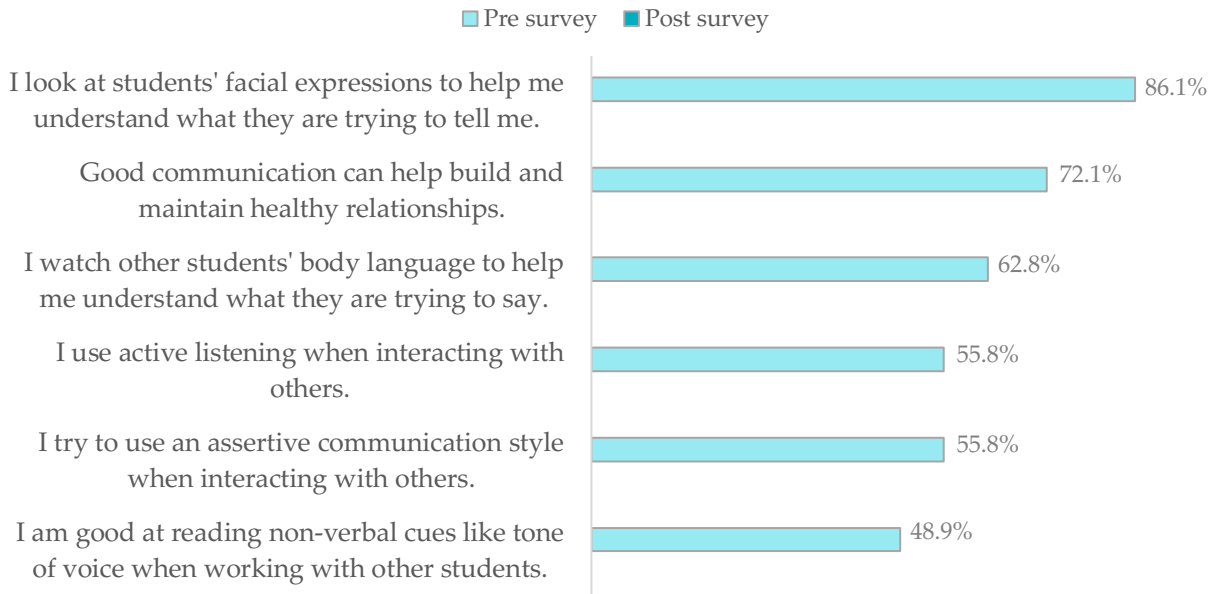


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Most Participants Use Verbal and Nonverbal Communication Cues

% who "agreed" or "strongly agreed" with each statement

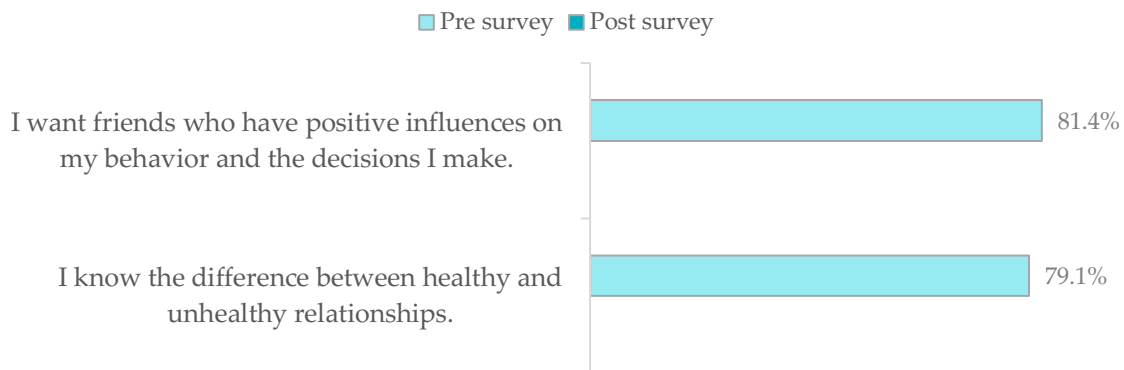
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Most Participants Can Identify and Strive for Positive Relations

% who "agreed" or "strongly agreed" with each statement

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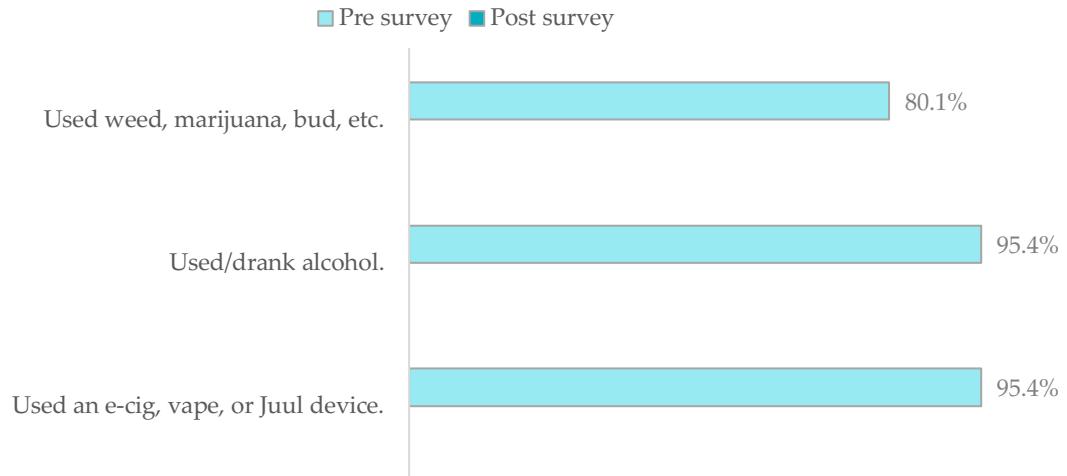
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Substance Use

Over 80% of Participants are Not Using Any Substances

% who did NOT use each substance in the past 30 days

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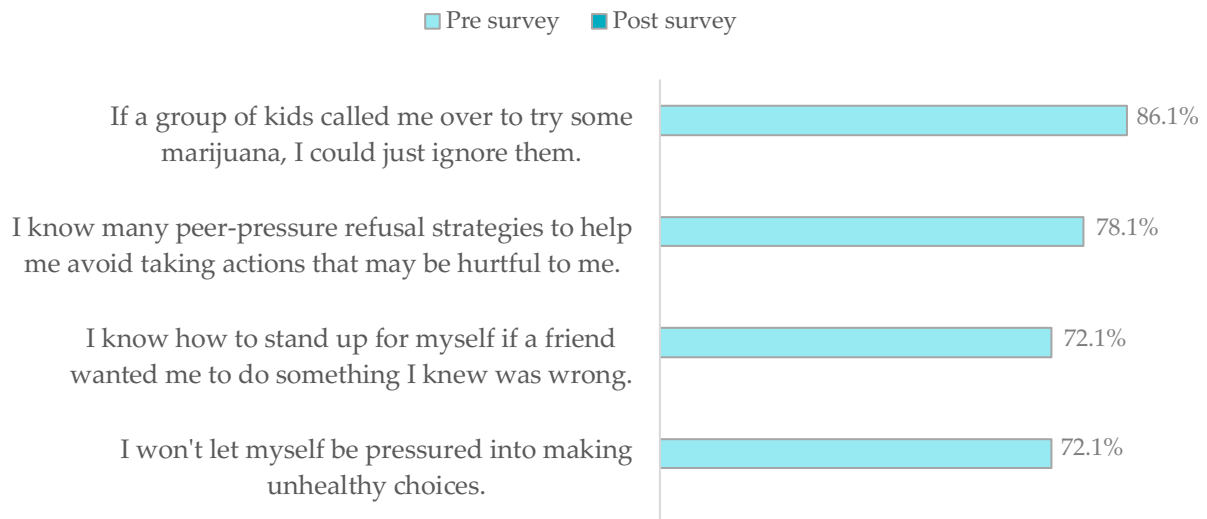


Self-Advocacy

Most Participants Can Resist Peer Pressure and Stand up for Themselves

% who "agreed" or "strongly agreed" with each statement

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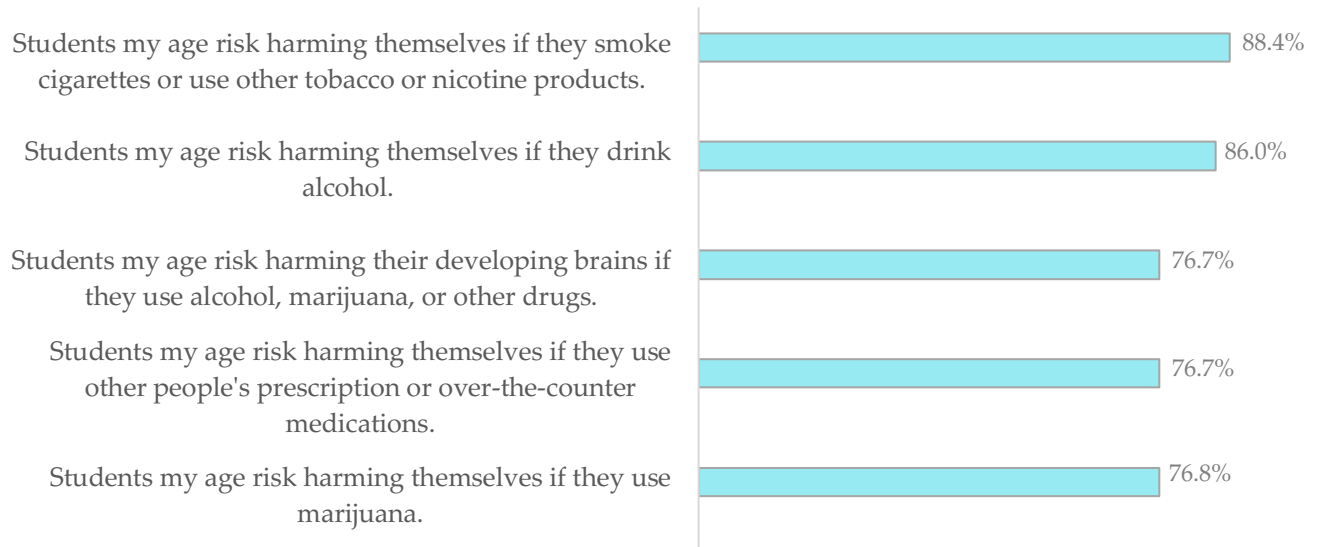
Perceived Risk of Harm

Most Participants Believe Drugs are Harmful

% who "agreed" or "strongly agreed" with each statement

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Pre survey Post survey

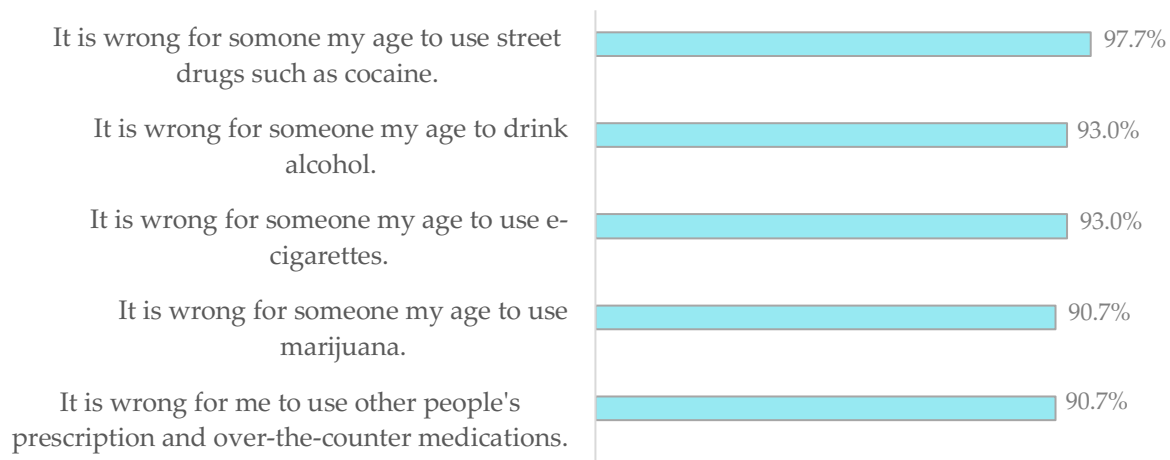


Most Participants Believe it is Wrong to Use Drugs

% who "agreed" or "strongly agreed" with each statement

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Pre survey Post survey

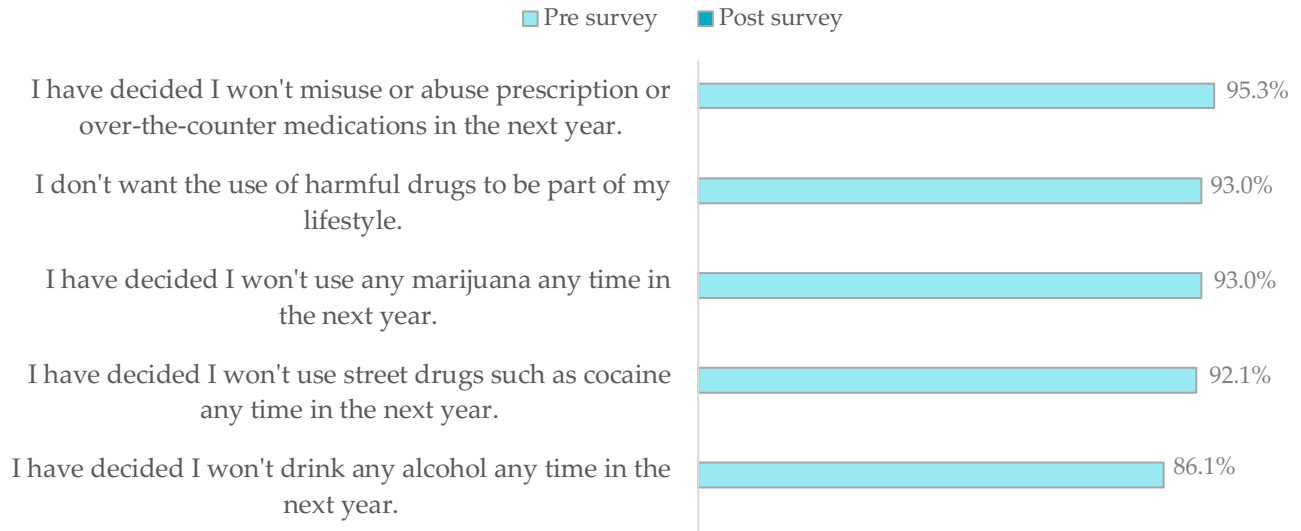


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**Most Participants Have Committed to Not Using Substance in the Next Year
and Don't Want Drugs to be Part of Their Lifestyle**

% who "agreed" or "strongly agreed" with each statement

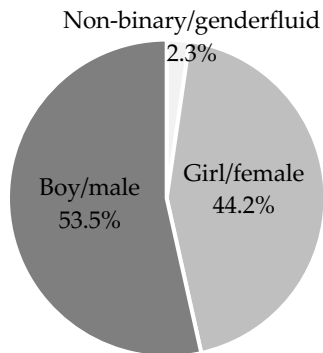
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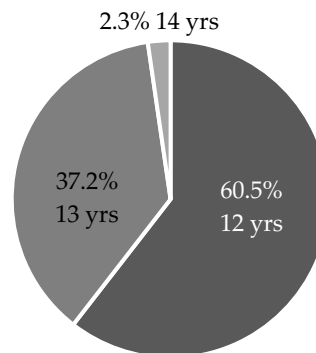
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Participant Demographics

Gender Identity



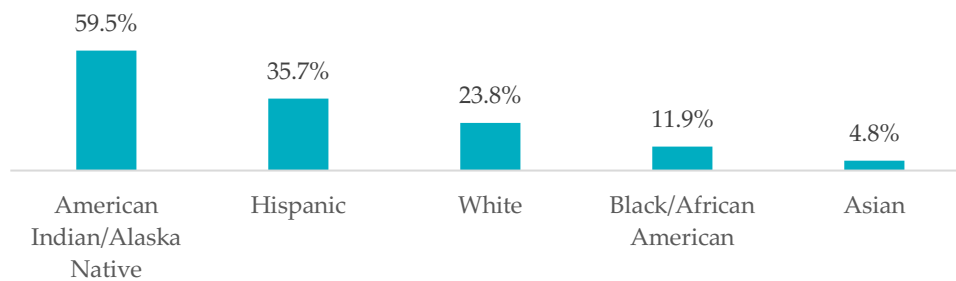
Ages



Race/Ethnicity

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n=42, participants could select more than one answer



2025-2026 School Year	Pre-Surveys	Post-Surveys
Cottonwood Valley	18	
Alamo Navajo	25	